

【參考文獻】

一、中文部分

王行（民 82）。大學生自我分化程度與生涯成熟度關係之探討。*東吳社會學報*，3，89-115。

王大維（民 85）。家庭系統分化與大學生的心理社會發展之關係研究。國立彰化師範大學輔導學系碩士論文。

王玉珍（民 87）。生涯探索團體對高二女學生職業建構系統及生涯自我效能之影響研究。國立台灣師範大學教育心理與輔導研究所碩士論文。

田秀蘭（民 85）。自我效能預期與女性之生涯發展。*諮商與輔導*，123，32-33。

田秀蘭（民 87a）。我國大專學生意涯決定問題分類系統之研究。行政院國科會專題研究計畫成果報告。（計畫編號： NSC87-2413-H153-004）。

田秀蘭（民 87b）。男女大學生生涯阻礙因素之分析研究。*教育心理學報*，30(1)，1-16。

江捷如（民 87）。二專學生的心理分離、依附關係與其生涯定向之關係。國立政治大學心理學系碩士論文。

沈彩梅（民 83）。青少年家庭功能、職業自我概念與生涯發展之相關研究。國立台灣師範大學教育心理與輔導研究所碩士論文。

呂一美（民 87）。女性生涯前程發展團體對高職女學生意涯動機、職業自我觀念、職業性別角色態度與生涯決定自我效能之輔導效果研究。國立臺南師範學院國民教育研究所碩士論文。

吳劍雄（民 86）。專科生職業認知、生涯自我效能和生涯決定程度關係之研究—以雲嘉南地區為例。國立中正大學勞工研究所碩士論文。

吳麗娟（民 87）。父母自我分化、教養態度對青少年子女自我分化、因應策略及適應影響之研究。*教育心理學報*，30(1)，91-132。

吳佳霓（民 91）。少年家庭系統分化、自我發展與生活適應之相關性的研究---以台中縣國中生為例。國立南華大學教育社會學研究所碩士論文。

吳明燁（民 91）。比較家庭系統中結構性與關係性資源對於青少年學業成就之影響。**第四屆華人心理學家學術研討會暨第六屆華人心理與行為科際學術研討會**。臺北：中央研究院。

金樹人（民 86）。**生涯諮商與輔導**。台北，東華書局。

金樹人、林清山、田秀蘭（民 78）。我國大專學生成涯發展定向之研究。**教育心理學報**，22，167-190。

邱秀燕（民 89）。**青少年家庭系統分化、心理分離-個體化、自我發展及情緒適應之相關研究**。國立師範大學教育心理與輔導研究所碩士論文。

邱慕美（民 91）。**大學生之家庭界域、共依附特質與人際適應之研究**。國立政治大學教育研究所碩士論文。

李詠秋（民 91）。**原住民大學生生涯發展狀況、生涯自我效能與其生涯阻礙因素之關係研究**。國立新竹師範學院國民教育研究所碩士論文。

林香君（民 81）。**生涯未定向類型與團體諮商策略交互作用效果之研究**。國立台灣師範大學教育心理與輔導研究所碩士論文。

林清文（民 83）。大學生生涯發展問卷編製及大學生生涯決定狀態調查研究。**國立彰化師範大學輔導學報**，17 期，175-255。

修慧蘭、孫頌賢(民 91)。親子次系統中的親密與侵犯。**第四屆華人心理學家學術研討會暨第六屆華人心理與行為科際學術研討會**。臺北：中央研究院。

許淑穗（民 87）。**生涯自我效能、個人變項與環境因素對大學生生涯選擇的影響---生涯選擇之徑路分析**。國立彰化師範大學輔導學系博士論文。

許淑穗、張德榮（民 88）。生涯自我效能及其相關因素對大學生生涯選擇影響之徑路分析。**長榮學報**，3(1)，117-137。

孫世維（民 86）。親子依附與分離-個體化---大學時期的發展。**教育與心理研究**，20(2)，271-295。

孫頌賢（民 90）。**以家庭系統觀進行家庭測量之研究—以家庭分化為例**。國立政治大學教育所碩士論文。

孫頌賢、修慧蘭（民 91）。以家庭系統觀進行家庭系統測量之研究：以家庭系統分化為例。**中華輔導學報**，11，125-165。

孫頌賢、修慧蘭（民93）。**起飛期家庭的親子界限：關係-自我界限模式之初探。**
測驗年刊(付印中)。

栗珍鳳（民88）。**大學生自我分化和心理社會發展之相關研究。**國立台灣師範大學教育心理與輔導研究所碩士論文。

傅琇悅（民90）。**女性年輕工作者生涯阻隔、生涯動機與因應策略之關係。**國立政治大學心理學系碩士論文。

郭玟嫵（民92）。**科技大學學生生涯決策自我效能、工作價值觀與未來進路調查之研究。**國立高雄師範大學教育系碩士論文。

陳金定（民76）。**生計決策訓練課程對高一男生生計決策行為之實驗研究。**國立台灣師範大學教育心理與輔導研究所碩士論文。

陳麗如（民83）。**大學生生涯發展阻隔因素之研究。**國立台灣師範大學教育心理與輔導研究所碩士論文。

陳斐虹（民86）。**大學生離家經驗及其與父母依附關係改變之分析研究。**國立彰化師範大學輔導學系碩士論文。

陳貞夙（民87）。**生涯團體輔導對犯罪青少年生涯信念、生涯自我效能輔導效果。**
國立高雄師範大學輔導研究所碩士論文。

陳淑琦（民88）。**大學理工科系學生生涯自我效能、結果預期、職業興趣與職業選擇之相關研究。**國立高雄師範大學輔導研究所碩士論文。

陳欣怡（民89）。**依附關係與生涯探索、生涯不確定源、生涯定向狀態之相關研究。**國立彰化師範大學輔導研究所碩士論文。

陳惠雯（民89）。**婚姻衝突、家庭界限與青少年子女適應之相關研究。**國立台灣師範大學教育心理與輔導研究所碩士論文。

陳靜宜（民90）。**自我分化在家庭治療理論中的意義。**諮商與輔導, 191, 17-20。

張虹雯（民88）。**父母爭吵時的三角關係運作與兒童行為問題之相關研究。**國立彰化師範大學輔導學系碩士論文。

薛雪萍（民89）。**青少年家庭功能、親子衝突、因應策略與生活適應之相關研究。**
國立師範大學教育心理與輔導研究所碩士論文。

游淑瑜（民 92）。**華人家庭孩子問題產生觀點與治療介入觀點-與結構家庭治療的對話**。國立台灣師範大學教育心理與輔導研究所碩士論文。

楊淑萍（民 84）。**青少年依附關係，自我尊重與生涯發展之相關研究**。國立台灣師範大學教育心理與輔導研究所碩士論文。

楊智馨、林世華（民 87）。**大學生生涯發展狀況與自我認定狀態之關係**。*教育心理學報*，30(2)，1-16。

楊子萱（民 88）。**國小高年級學童親子衝突經驗與因應之研究--以家庭系統理論分析**。東吳大學社會工作學系碩士論文。

黃瑛琪（民 86）。**生涯探索團體對高一生涯不確定型學生生涯定向與生涯決策自我效能預期程度之影響研究**。國立高雄師範大學輔導研究所碩士論文。

黃光國（民 89）。**華人的關係主義：理論的建構與方法論的考量**。華人本土心理學追求卓越計畫。

黃宗堅（民 88）。家庭系統的測量與應用。*應用心理學*，2，83-109。

黃宗堅（民 91）。**家庭系統的測量與分類--以青少年原生家庭為例之初探**。家庭系統量化實徵研究學術研討會論文集。

黃淑敏（民 88）。**師院生生涯自我效能、生涯動機、生涯成熟相關因素之研究**。國立臺南師範學院國民教育所碩士論文。

黃雪瑛（民 92）。**焦點解決短期諮商生涯團體對大學生生涯自我效能輔導效果之研究**。國立暨南國際大學輔導與諮商研究所碩士論文。

厲瑞珍（民 90）。**南部地區大學應屆畢業生自我統合危機與生涯自我效能之相關研究**。國立高雄師範大學教育學系碩士論文。

賈紅鶯（民 80）。**父母自我分化、子女自我分化與子女適應水準之相關研究**。國立台灣師範大學教育心理與輔導研究所碩士論文。

黎麗貞（民 86）。**大學女生性別角色、生涯自我效能、生涯阻礙與職業選擇之相關研究**。國立高雄師範大學輔導研究所碩士論文。

鄭玉英、趙家玉譯（民 82）。**家庭會傷人：自我重生的新契機**。台北，張老師文化。

劉姿君（民 83）。**大學生自我認定狀態與生涯決定程度及自我分化水準之關係研究**。國立台灣師範大學教育心理與輔導研究所碩士論文。

劉雅惠（民 86）。國小教師生涯信念、生涯自我效應與生涯發展狀況相關之研究。國立台北師範學院國民教育研究所碩士論文。

魏珮文（民 93）。「關係」對大學女生個體化過程之影響—另一段邁向成熟長大的路。國立政治大學教育研究所碩士論文。

謝宏惠（民 79）。大專生性別角色、場地獨立性、決策型態、生涯自我效能與生涯不確定之相關研究。國立台灣師範大學教育心理與輔導研究所碩士論文。

羅國英（民 84）。家庭研究中的測量問題：文獻探討。東吳社會工作學報，1，39-90。

二、西文部分

Bandura, A. (1977a). *Social learning theory*. Englewood Cliffs, NJ: Prentice-Hall.

Bandura, A. (1977b). Self-efficacy: Toward a unifying theory of behavioral change. *Psychological Review*, 84(2), 191-215.

Bandura, A. (1986). *Social foundation of thought and action: a social cognitive theory*. New Jersey: Englewood Cliffs.

Betz, N. E., & Hackett, G. (1986). Applications of self-efficacy theory to understanding career choice behavior. *Journal of Social and Clinical Psychology*, 4, 279-289.

Betz, N. E., & Fitzgerald, L. F. (1993). Individuality and diversity: Theory and Research in Counseling Psychology. *Annual Review of Psychology*, 44, 343-381.

Betz, N. E., Harmon, L. W., & Borgen, F. H. (1996). The relationships of self-efficacy for the Holland themes to gender, occupational group membership, and vocational interests. *Journal of Counseling Psychology*, 43(1), 90.

Blustein, D. L. (1990). The role of goal instability and career self efficacy in the career exploration process. *Journal of Vocational Behavior*, 35, 194-203.

Blustein, D. L., Walbridge, M. S., Friedlander, M. L., & Palladino, D E. (1991). Contributions of psychological separation and parental attachment to the career development process. *Journal of Counseling Psychology*, 38, 39-50.

- Bonett R. M. (1994). Marital status and sex: Impact on *career self-efficacy* *Journal of Counseling & Development, Nov/Dec94, Vol. 73 Issue 2*, p187-190.
- Borders, L. D., & Archadel, K. A.(1987). Self-beliefs and career counseling. *Journal of Career Development, 14(2)*, 69-79.
- Bowen, M. (1978). *Family therapy in clinical practice*. Northvale, NJ: Jason Aronson.
- Brachter, W. E. (1982). The influence of the family on career selection: A family system perspective. *Personnel and Guidance Journal, 61*, 87-91.
- Branch, L. E. (1988). Self-efficacy and career choice. *Dissertation Abstracts International, Vol 48(10-A)*, 2574-2575.
- Campbell, E., Adams, G. R., & Dobson, W. R. (1984). Familial correlates of identity formulation in late adolescent: a study of predictive utility of connectedness and individuality in family relations. *Journal of Youth and Adolescence, 13*, 509-525.
- Chun, Y. J. & MacDermid, S. M.(1997). Perception of Family Differentiation, Indiviuation, and Self-Esteem among Korean adolescent. *Journal if Marriage and Family, 59*, 451-462.
- Cooper, C. R. (1988). Commentary: The role of conflict in adolescent-parent relationships. *Development during the transition to adolescence. Minnesota Symposia on Child Psychology, 21*, 181-187.
- Earl, J. K. (2003). Undergraduate level, age, volume and pattern of work as predictors of career decision status. *Australian-Journal-of-Psychology, 55(2)*, 83-88.
- Eigen, C. A., Hartman, B., & Hartman, P. T. (1987). Relations between family interaction patterns and career indecision. *Psychological Reports, 60*, 87-94.
- Fobair, P. A., & Zabora, J. R. (1995). Family function as resource variable in psychosocial cancer research: issues and measures. *The Hospice Journal, 13(1/2)*, 97-114.
- Gianakos, I. (2001). Predictors of *Career Decision-Making* Self-Efficacy. *Journal of Career Assessment, 9(2)*, 101-114.

- Gianakos, I., & Subich, L. M. (1996). The relationship of gender & sex-role orientation to vocation un decidedness. *Journal of Vocational Behavior, 29(1)*, 42-50.
- Giles, M., & Rea, A. (1999). Short research note Career self efficacy: an application of the theory of planned behavior. *Journal of Occupational & Organizational Psychology, 72*, 393-398.
- Green, R. J., & Werner, P. D. (1996). Intrusiveness and closeness-caregiving: Rethinking the concept of family "enmeshment." *Family Process, 35*, 115-136.
- Green, J. R., Werner D. P., Greenberg, J., Browne, L. T., & McKenna, E. T. (2001). Beyond enmeshment: Evidence for the independence of intrusiveness and closeness-caregiving in married couples. *Journal of Marital and Family Therapy, 27(4)*, 459-471.
- Guerra, A., & Braungart, R. J. (1999). Predicting career indecision in college students: The roles of identity of formation and parental relationship factors. *Career Development Quarterly, 47*, 255-266.
- Hargrove, B. K., Creagh, M. G., & Burgess, B. L. (2002). Family interaction patterns as predictors of vocational identity and career decision-making self-efficacy. *Journal of Vocational Behavior, 61*, 185-201.
- Hackett, G., & Betz, N. E (1981). The relationship of career related self-efficacy expectations to perceived career options in college women and men. *Journal of Counseling Psychology, 28(5)*, 339-410.
- Hackett, G., Betz, N. E., & Doty, M. S. (1985). The Development of a taxonomy of career competencies for professional women. *Sex roles, 12*, 393-409.
- Johnson, P., & Waldo, M. (1998). Integrating Minuchin's boundary continuum and Bowen's differentiation scale: A curvilinear representation. : *Contemporary-Family-Therapy:-An-International-Journal. Vol 20(3)*, 403-413.
- Johnson, P., Buboltz, S. L., & Nichols, C. C. (1999). Parental divorce, family function, and vocational identity of college students. *Journal of Career Development, 26*, 137-146.

- Josselson, R. (1980). Ego development in adolescence. In J. Adelson (Ed.), *Handbook of adolescent psychology*. New York: John Wiley.
- Kinnier, R. T., Brigman, S. L., & Nobel, F. C. (1990). Career indecision & family enmeshment, *Journal of Counseling & Development, 68*, 309-312.
- Larson, J. H., & Wilson, S. M. (1998). Family of origin influences on young adult career decision problems: A test of Bowenian theory. *American Journal of Family Therapy, 26(1)*, 39-53.
- Lent, R. W., Brown, S. D., & Larkin, K. C. (1984). Relation of self-efficacy expectations to academic achievement and persistence. *Journal of Counseling Psychology, 31(3)*, 356-362.
- Lent, R. W., Brown, S. D., & Larkin, K. C. (1986). Self-efficacy in the prediction of academic performance and perceived career options. *Journal of Counseling Psychology, 33*, 265-269.
- Lent, R. W., Brown, S. D., & Larkin, K. C. (1987). Comparison of Three Theoretically Derived Variables in Predicting Career and Academic Behavior: Self-Efficacy, Interest Congruence, and Consequence Thinking. *Journal of Counseling Psychology, 34(3)*, 293.
- Lent, R. W., & Hackett, G. (1987). Career self-efficacy: Empirical status and future directions. *Journal of Vocational Behavior, 30(3)*, 347-382.
- Lopez, F. G. (1989). Current Family Dynamics, Trait Anxiety, and Academic Adjustment: Test of a Family-Based Model of Vocational Identity. *Journal of Vocational Behavior, 35(1)*, 76-87.
- Lopez, F., & Andrews, S. (1987). Career indecision: A family systems perspective. *Journal of Counseling and Development, 65*, 304-307.
- Luzzo, D. A. (1993). Reliability and validity testing of the Career Decision-Making Self-Efficacy Scale. *Measurement and Evaluation in Guidance and Counseling, 26*, 137-142.
- Luzzo, D. A., & Taylor, M. (1994). The effects of verbal persuasion on the career self-efficacy of college freshmen. *California Association for Counseling and Development Journal, 14*, 31-34

- Marcia, J. E. (1980). Ego identity status, formal operations, and moral development. *Journal of Youth-and-Adolescence*, 9(2), 87-99.
- Matsui, T. (1994). Mechanisms underlying sex differences in career self-efficacy expectations of university students. *Journal of Vocational Behavior*, 45(2), 177-184.
- Mathieu, P. S., Sowa, C. J., Niles, S. G. (1993) Differences in career self-efficacy among women. *Journal of Career Development. Spr; Vol 19(3)*, 187-196.
- Mau, W. C. (2000). Cultural Differences in Career Decision-Making Styles and Self-Efficacy. *Journal of Vocational Behavior*, 57(3), 365-378.
- Minuchin, S., Rosman, B. L., & Baker, L. (1978). *Psychosomatic families: Anorexia nervosa in context*. Cambridge, MA: Harvard University Press.
- Miranda, A. O., & Umhoefer, D. L. (1998). Acculturation, language USE, and demographic variables as predictor of the career self-efficacy of Latino career counseling clients. *Journal of Multicultural Counseling & Development*, 26(1), 39-51.
- Neimeyer, G. J., & Metzler, A. (1987). The development of vocational schemas. *Journal of Vocational Behavior*, 30, 16-32.
- Niles, S. G., & Sowa, C. J. (1992) Mapping the Nomological Network of Career Self-Efficacy. *The Career Development Quarterly*, 41(1), 1-13.
- O'Hare, M. M., Tamburri, E. (1996). Coping as a Moderator of the Relation Between Anxiety and Career Decision Making. *Journal of Counseling Psychology*, 33(3), 255-64.
- Orndorff, R. M., Herr, E. L. (1996).A comparative study of declared and undeclared college students on career uncertainty and involvement in career development activities. *Journal of Counseling and Development*, 74(6), 632-639.
- Patton, W. & Creed, A. P. (2001). Developmental issues in career maturity and career decision status. *The Career Development Quarterly*, 49(4), 336-351-

- Paul, J. H., Daniel M. L., Kathleen, M., & Spencer, G. N. (2002). Family Interaction Patterns & College Student Career Development. *Journal of Career Assessment*, *10(1)*, 78-90.
- Penick, N. I., & Jepsen, D. A. (1992). Family Functioning and Adolescent Career Development. *The Career Development Quarterly*, *40*, 208-222.
- Peterson, S. L. (1993). Career decision-making self-efficacy and social and academic Integration of under prepared college students: Variations based on background characteristics. *Journal of Vocational Education Research*, *18*, 77-115.
- Philips, S. D. (1982). Career exploration in adulthood. *Journal of Vocational Behavior*, *20*, 129-140.
- Robbins, S. B. (1985). Validity estimates for the Career Decision Making Self-Efficacy Scale. *Measurement and Evaluation in Counseling and Development*, *18*, 64-71.
- Roy, S., & Fiona, K. (1997). Increasing career self-efficacy for women: Evaluating a group intervention. *Dissertation Abstracts International: Section B: The Sciences and Engineering*, *58(3-B)*, 1580.
- Sabatelli, R. M., & Mazor, A. (1985). Differentiation, individuation, and identity formation: The integration of family system and individual developmental perspectives. *Adolescence*, *20(79)*, 619-633.
- Sauber, S. R., L'Abate, L. W., Gerald R., & Buchanan, W. L. (1993). *The dictionary of family psychology and family therapy* (2nd ed.). Thousand Oaks, CA, US: Sage Publications, Inc.
- Schulenberg, J. E., Vandracek, F. W., & Crouter, A. C. (1984). The Influence of the family on vocational development. *Journal of Counseling and Development*, *70*, 139-143.
- Super, D. E. (1990). A life-span, life space approach to career development. In D Brown, L. Brooks, & Associates (Eds.), *Career choice and development* (2nd ed., pp. 197-261). San Francisco, CA: Jossey-Bass.

- Taylor, K. M., & Betz, N. E. (1983). Applications of self-efficacy theory to the understanding and treatment of career indecision. *Journal of Vocational Behavior*, 22, 63-81.
- Taylor, K. M., & Popma, J. (1990). An examination of the relationships among career decision-making self-efficacy, career salience, locus of control, and vocational indecision. *Journal of Vocational Behavior*, 37, 17-31.
- Turner S., & Lapan R. T. (2002) . Career self efficacy and perceptions of parent support in adolescent career development. *The career Development Quarterly*, 51(1), 44-55.
- Whiston, S. C. (1996). The relationship among family interaction patterns and career indecision and career decision-making self-efficacy. *Journal of Career Development*, 23(2), 137-149.
- Wilson, L. M. (2000). The relationship between parental attachment, career decision-making self-efficacy, gender, race and career indecision. *Dissertation Abstracts International: Section B: The Sciences and Engineering*, 61(5-B), 2800.
- Wood, B. (1985). Proximity and hierarchy: Orthogonal dimensions of family interconnectedness. *Family Process*, 24, 487-507.
- Wood, B. & Talmon, M. (1983). Family boundaries in transition: A search for alternatives.. *Family Process*, 22, 347-357.
- Young, R. A. (1994). Helping adolescents with career development: The active role of parents. *Career Development Quarterly*, 42(3), 195-203.
- Zhang, S. & Zheng, R. (2002). Decision making on career selection among undergraduate students. *Chinese Mental Health Journal*, 16(11), 776-778.
- Zingaro, J. C. (1983). A family systems approach for the career counselor. *Personal and Guidance Journal*, 62, 24-27.
- Zook, C. E. (2001). The predictive influence of academic achievement, career exploration, self-esteem, and feminist identity to the career self-efficacy and outcome expectations of college women. *Dissertation Abstracts International: Section B: The Sciences and Engineering*, 61(9-B), 5040.