

The Relationships between The Career Self-efficacy and Family Parental Boundaries Perceived by College Students

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Abstract

The purpose of this study was to investigate the relationships between the career self-efficacy and family parental boundaries perceived by college students. Six hundred and twenty-five college students completed the Career Decision-making Self Efficacy Scale (CDMSE) developed by Hong-Hui Xie and Parental Relation-Self Boundary Scales. Data obtained was analyzed by deviation, percentage, ANOVA, post Scheffe's test, Pearson product-moment correlation, and multiple regression. The major findings were summarized as follows: First, college students with different gender, grade, and career decision status or identity development made significant differences on their perceptions of family parental boundaries. Second, there were significant differences in CDMSE among different background variables, including grade, departments, dual-major or minor, part-time job experience, and career decision status or identity development. Third, the self-identity of parents is the best predictor of college students' career self-efficacy, especially with the same gender as the parent. Fourth, because of the difference of college students' career decision status or identity development, the prediction of family parental boundaries to the career self-efficacy would be different. Fifth, family parental boundaries had better predictive effect to male students than to female students.

According to the conclusions of the main findings, several suggestions are provided for college students, parents, related educators and counselors in the Universities, and future research.